



## FIRST AID | PAEDIATRIC - 1 DAY

**Course Code: FAP01 | Duration: 1 Day (Minimum of 6 hours required)**

### Course Description:

This one-day Emergency Paediatric First Aid course is designed for individuals with an interest in providing basic life support to children and infants. Participants will gain essential knowledge and practical skills to handle emergency situations involving young children, including CPR, choking management, and injury care. The course focuses on building confidence in responding to emergencies and creating a safe environment for children. Whether for professional or personal development, this course equips attendees with lifesaving ability to provide immediate care in critical situations, ensuring the well-being of children and infants.



### Who Should Attend First Aid Paediatric One Day Emergency Training?

- Parents and Guardians
- Teachers and Childcare Staff
- Sports Coaches and Activity Leaders
- Babysitters and Nannies

If you have a professional interest, i.e. you are a child-minder or school teacher, etc, then this course partly fulfils the requirements of Ofsted and the Early Years Foundation Stage (EYFS). Ofsted and the Early Years Foundation Stage require you to have 12 hours of paediatric first aid training, so the 2-Day Level 3 Award in Paediatric First Aid would be required to fulfil their requirements. This 6-hour qualification also makes up the first half of the 12-hour course.

### Certification:

Summative practical assessment is ongoing by the instructor, along with a written assessment. A three-year Level 3 Award in Emergency Paediatric First Aid (Level 6 in Scotland) will be issued to the learner, subject to successful assessment. No external assessors are required.

### Course Contents:

- **First Aid:** Elements of First Aid at Work will be included
- **Responsibilities:** The role of a first aider and the importance of accurate reporting in emergencies
- **Resuscitation Techniques:** Learn essential life-saving skills, including CPR for infants and children
- **Unresponsive Casualties:** Gain confidence in assessing and responding to unresponsive children
- **Minor Injuries:** Handle common incidents like cuts, bruises, and bumps with confidence
- **Assessing:** Develop the ability to quickly evaluate emergencies and prioritize actions
- **Epilepsy Management:** How to respond to seizures safely and provide appropriate support
- **Wounds and Bleeding:** Learn techniques to control bleeding and dress wounds in emergencies
- **Anaphylaxis and Shock:** How to recognize severe reactions and shock, and respond promptly

**\*BESPOKE COURSES | All of our courses can be easily tailored to suit any company.  
Course duration and level can be changed, depending on content, company & individuals\***