



MENTAL HEALTH MANAGERS

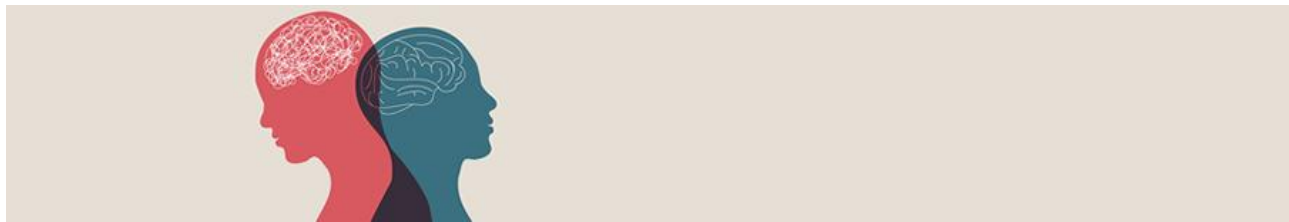
Course Code: BSM05 | Duration: 1 Day

Course Description:

One of the most important tasks for an employer is to make the work place a positive and constructive place to work for any employee who has a mental health or illness. An employee`s performance, reliability and commitment will improve if their mental health and wellbeing is in a positive state.

Mental Health Management is aimed at managers that will have to work with staff that are suffering from a mental health illness or issue. Being caring and understanding are the most important qualities to have.

However, a business stills needs to be able to run efficiently and other members of staff will have work in an environment with a staff member that may need to be treated or have consideration due to their illness or problem. Making decisions for the good of your business instead of your staff can be a very hard task to manage. This course will show how management should deal with mental health situations in the workplace and create a safe space.



Who Should Attend Mental Health Managers Training?

- Managers and Team Leaders
- HR Professionals
- Educators and Youth Workers
- Volunteers and Community Workers

This course is ideal for any member of a management team with direct responsibility to their employees.

Course Requirements?

Anyone that attends the Mental Health Management course needs to attend a Mental Health Awareness or Mental Health First Aider course in person or online before attending this course.

Course Contents:

- **Policies:** How company handbook policies and procedures relate to mental health in the workplace
- **Addressing Risks:** Workplace risks, bullying, and resentment and ensure fair treatment for all staff
- **Sensitive Handling:** Navigate pay, sickness, disciplinary actions, and redundancy
- **Confidentiality:** Know when to escalate concerns to management or local authorities appropriately
- **Communication:** What to say—and avoid—when addressing mental health challenges with staff
- **Workshops:** Engage in role-play exercises to build skills for managing complex real-world scenarios

***BESPOKE COURSES | All of our courses can be easily tailored to suit any company.
Course duration and level can be changed, depending on content, company & individuals***